



YOUR SHINING MOMENT STORY

Concisely describe below something you have accomplished which gave you a feeling of satisfaction and brought you joy. It can be something very simple and non-work-related, like cooking a nice dinner. The key is that you felt a sense of satisfaction or joy as a result.

Situation *(What was happening at the time?)*

Task(s) *(What needed to be done? What was the obstacle?)*

Action *(What did you do?)*

Results / satisfaction / benefit *(What was the result?)*

Reflection *(What did you learn? What would you do the same/differently next time?)*

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